

### HOT MARKET SANDWICH

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

### MAIN MEAL

Cheese & Tomato Swirl served with Savoury Vegetable Rice

Pork Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces

Minty Crispy Topped Shepherds Pie served with Seasonal Vegetables

Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Cauliflower and Gravy

Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

### MEAT FREE

Mixed Bean Chilli served with Savoury Vegetable Rice

Quorn Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces

Minty Crispy Topped Shepherdless Pie served with Seasonal Vegetables

Cheese & Potato Pie served with Yorkshire Pudding, Carrots, Cauliflower and Gravy

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

### PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

### DESSERTS

Choose One of Our Fabulous Desserts  
Apple & Winter Berry Crumble  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Jam & Coconut Sponge  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Oat & Raisin Cookie  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Caramel Mousse with Bananas  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Vanilla Ice-cream & Fruit Sauce  
Fruity Jelly  
Fresh Fruit Pot

Making lunchtime the **highlight** of your day

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### MAIN MEAL

Traditional Macaroni Cheese served with Wholemeal Garlic & Herb bread, Seasonal Vegetables

Greek Style Chicken Shawarma in a Pitta Bread served with warm Cous Cous Salad & Crunchy Veg Sticks

Fish Fingers served with Creamy Mash Potato & Spaghetti Hoops

Roast Gammon served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy

Chicken Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

### MEAT FREE

Cauliflower & Chickpea Korma served with Rice, Naan Bread Fingers & Seasonal Vegetables

Greek Style Vegetable Shawarma in a Pitta Bread served with warm Cous Cous Salad & Crunchy Veg Sticks

Fishless Fish Fingers served with Creamy Mash Potato & Spaghetti Hoops

Baked Lentil Roast served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

### PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

### DESSERTS

Choose One of Our Fabulous Desserts  
Strawberry Mousse with Mixed Berry Compote  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Jam Roly Poly  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Sticky Pineapple Cake  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Lemon Tart  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Chocolate Brownie  
Fruity Jelly  
Fresh Fruit Pot

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#### MAIN MEAL

Margherita  
Wholemeal Pizza  
served with Baked  
Baby Potatoes,  
Peas & Sweetcorn

Warm Chicken Baguette  
served with  
Selection of Sauces  
Potatoes Wedges &  
Crunchy Veg Sticks

Beef Bolognese  
served with Spaghetti,  
Wholemeal Garlic &  
Herb bread, Seasonal  
Vegetables

Roast Pork  
served with  
Potatoes, Carrots,  
Cabbage, Yorkshire  
Pudding and Gravy

Chicken Nuggets  
served with Chips,  
Garden Peas or  
Baked Beans  
& Ketchup

#### MEAT FREE

Traffic Light  
Wholemeal Pizza  
served with Baked  
Baby Potatoes,  
Peas & Sweetcorn

Crispy Vegetable  
Bite Baguette  
served with  
Selection of Sauces  
Potatoes Wedges &  
Crunchy Veg Sticks

Plant Based Bolognese  
served with Spaghetti,  
Wholemeal Garlic &  
Herb bread, Seasonal  
Vegetables

Quorn Sausage  
Roast served with  
Potatoes, Carrots,  
Cabbage, Yorkshire  
Pudding and  
Gravy

Vegetable Nuggets  
served with Chips,  
Garden Peas or  
Baked Beans  
& Ketchup

#### PASTA & JACKETS

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

Pasta Twists with  
Homemade Tomato and  
Vegetable Sauce served  
with Fresh Salad and  
Chunky Bread

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

Pasta Twists with  
Cheddar Cheese Sauce  
with Fresh Salad and  
Chunky Bread

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

#### DESSERTS

Choose One of Our  
Fabulous Desserts  
Sprinkle Cookie  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Syrup Sponge  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Chocolate Mousse with  
Orange Wedge  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Carrot Cake  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Victoria Sponge  
Fruity Jelly  
Fresh Fruit Pot

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