

FRIDAY NIGHT IS... FUTSAL NIGHT



- Histon Academy's Futsal Club is open to players of all abilities in Years 3-6.
- For new players wanting to learn new skills.
- For experienced players looking to improve their performance for their teams.
- Coaching is by Histon Academy's qualified FA Licensed Coaches.
- Players get the chance to represent Histon FC in holiday fixtures against Championship and Football League clubs.

Time	Fridays 6.00-7.30pm (open from 5.30pm)
Place	In the Sports Hall at Hinchingsbrooke School, Huntingdon PE29 3BN
Dates	Every Friday during term time starting from 10th October
Cost	£5 per session paid half termly in advance (first session is free)

To book your FREE taster session call 07896 352523 or email academy@histonfc.co.uk

Futsal is a fun, enjoyable and exciting game. It is widely regarded as the best development tool for young players to assist them in becoming more technically proficient. The game is heavily endorsed by a host of the most World's most gifted footballers who have grown up playing Futsal as part of their childhood. Cristiano Ronaldo *"During my childhood in Portugal, we only played Futsal. The small pitch helped me to improve my footwork and whenever I played Futsal I felt free. If it weren't for Futsal, I wouldn't be the player I am today"* (FIFA World Footballer of the Year 2008 and 2013)

The dynamics of the game naturally encourage players to be good technically under pressure in small spaces. The game also supports players physically developing agility, balance, coordination and speed (ABC's). The quick movements required also mean that the game is of a high physical intensity. Most notably Futsal encourages players to make quick decisions whilst under pressure in tight spaces and have better spatial awareness. Tactically Futsal is directly transferable to the eleven a side version of the game and the game provides players with numerous opportunities to practice the principles of attacking, defending, and counter-attacking.

THE GAME AND ITS ENVIRONMENT IS THE TEACHER

PLAYER DETAILS - HISTON ACADEMY FUTSAL CLUB

Player's Name	<input type="text"/>	Date of Birth:	<input type="text"/>
Address:	<input type="text"/>		
		Post Code:	<input type="text"/>
Contact Tel No:	<input type="text"/>	Email Address:	<input type="text"/>
School:	<input type="text"/>	Football Club:	<input type="text"/>
Medical Info:	<input type="text"/>		
Signature:	<input type="text"/>	Date:	<input type="text"/>

Please bring this form with you to your first session