

# Advice Drop-in



**Wednesdays  
Weekly  
10.00am - 11.30am  
North Cambridge Children's Centre**

**Drop-in for information and advice provided by Family Workers  
on a variety of subjects including:**

- Sleep
- Child Development
- Child Routines
- Child Health
- Family Relationships
- Free 2's funding
- Challenging Behaviour
- Potty training
- Parenting Courses
- School Applications
- Carers Advice
- Finances
- Benefits

[www.cambridgeshirechildrenscentres.org.uk](http://www.cambridgeshirechildrenscentres.org.uk)

# Advice Drop-in

- Are you children displaying challenging behaviour?
- Do you want to know more about Child Development i.e. developmental milestones, speech & language and physical development
- Do you find it difficult to keep to routines i.e. morning routines/bedtime routines?
- Would you like information on Child health i.e. potty training, immunisations, well-being clinics?
- Are family relationships affecting your child's behaviour or confidence?
- Are you aware of Free 2's funded nursery places?
- Have you completed your Primary School application for September 2016?
- Are you looking to return to Work/Education/training?
- If you are experiencing financial difficulties are you aware that you could receive a food bank voucher from us?

**If you want support in finding a solution to any of these questions please drop-in to our advice sessions for a friendly chat.**

**Wednesday's**

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**North Cambridge Children's Centre, Campkin Road, Cambridge, CB4 2LD**

**01223 728118**

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